

Minutes of Meeting – Monthly MHPSS TF Meeting

Date	July 3 rd , 2024	Venue	Online via Zoom application
Time	2:00 PM – 3:15 PM	Minutes prepared by	Samyah Awada (MOPH-National Mental Health Program)
Organizations attending	Amel Association, CDLL, GIZ, Humanity & Inclusion, ICRC, IDRAAC, Imam Sadr Foundation, IMC, International Rescue Committee, IOCC, Jesuit Refugee Service, Lebanese Center for Civic Education (LCCE), Magna, MdM, MSF-OCG, Order of Malta Lebanon, Restart Center, Skoun, UNFPA, UNHCR, UNHCR BML field office, UNICEF, UNRWA, WHO, World Vision		

Agenda

1. Updates from the National Mental Health Programme
2. Presentation by the PHC department at the MoPH on the Decision to Amend the Tariff of Primary Health Care Services #279/1
3. Brief Presentation on the National Packages to Integrate Mental Health into PHCCs in Lebanon
4. 1 minute update from each partner on 1 activity or main challenge to be discussed
5. AoB

Discussion	Action / Decision / Suggestion
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1. Updates from the National Mental Health Programme *Please refer to the presentation for full details

Updates on National MHPSS Task Force Coordination

- Partners are to consult with NMHP before submitting any proposals related to MH to ensure alignment with the MH strategy and prevent duplication of efforts
- Partners are to inform the NMHP of planned trainings or other activities involving engaging with other stakeholders, for proper coordination and revision of training and communication material

National Mental Health Strategy 2024-2030

National Intersectoral MHPSS Emergency Preparedness and Response Plan

- The online 4Ws MHPSS services mapping platform is fully updated
- National PFA trainings are being rolled out for frontliners and first aid responders
- 13 Self-care videos and 23 Key messages on mental health developed and shared for frontliners and the public

<https://www.youtube.com/@nationalmentalhealthprogra2067/videos>

Trainings

- UNFPA training on maternal mental health
- Integration Project
- Step-by-Step

Communication activities

➡ Few reminders on National MHPSS Task Force Coordination

- Importance of having all cameras on
- 1-minute updates of partners' activities

➡ Each organization is to reconfirm the name of the MH focal person and an alternate person
<https://forms.gle/LdjkUy8KWEKtuUDt7>

➡ MH diploma
 Start date expected → Between September and October

➡ Self-Help Plus Podcast

<ul style="list-style-type: none"> • The International Day Against Drug Abuse and Illicit Trafficking HIS Platforms • Substance use platform draft being worked on • 4Ws platform being optimized • Research platform draft being worked on Summit project 	<ul style="list-style-type: none"> • Five-episode audio podcast https://resources.nmhp-lb.com <p><u>Perrine Posbic from NMHP:</u> We will be working on a specific platform for substance use.</p>
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2. Presentation by the PHC department at the MoPH on the Decision to Amend the Tariff of Primary Health Care Services #279/1 *Please refer to the presentation for full details

<p>Decision 279 regarding the consultations' fees:</p> <ul style="list-style-type: none"> • Article 1: Health centers must adhere to the basic package of primary health care services which includes general medicine, pediatrics, GYN, dentistry, cardiovascular medicine, and psychiatry. • Article 2: The health center is committed to providing six primary or basic lab tests (which are CBC, FBS, uric acid, urine analysis, and creatinine). For each of the basic tests the beneficiary will be committed to a price not exceeding 50,000 LL. • Article 3: There should be an absolute commitment to providing free vaccines. • Article 4: PHCs are required to commit to the prices listed in the table for dental medical work and all dental preventive care work. <p>Decision 691 regarding the beneficiary sharing the cost of chronic medication: YMCA is supporting the Ministry of Public Health and implementing the chronic medication program.</p>	
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3. Brief Presentation on the National Packages to Integrate Mental Health into PHCCs in Lebanon *Please refer to the presentation for full details

<p>Benefits of Integrating MH in Primary Care</p> <ul style="list-style-type: none"> • Reduces the burden of PHCs • Treats both mental and physical health problems, etc. <p>Key Elements for Successful Integration</p> <p>Packages Included in the National Model</p> <ol style="list-style-type: none"> 1. Depression (including Self-Harm/Suicide) 2. Anxiety 3. Psychosis 4. Developmental Disorders 5. Behavioral Disorders 6. PTSD 7. Alcohol & Substance use Disorders 	<p><u>Bedros Kazazian from NMHP:</u> We have been working with the MoPH and UNICEF on a satellite PHC unit which goes out and reaches the community.</p>
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<p>The Model</p> <ul style="list-style-type: none"> • Links 5 PHCCs to one PHCC with specialized services • Specific screening tools for each condition <p>Entry Points and Screening of the Packages</p> <ul style="list-style-type: none"> • The packages are linked to other PHC health packages • Simplified flow of a patient in need of MH services • The new model of care includes different care providers along a bio-psycho-social approach <p>Training of Staff</p> <ul style="list-style-type: none"> • Training on unique competencies for various care providers 	
<p>4. 1 minute update from each partner on 1 activity or main challenge to be discussed</p>	
<p>5. AoB</p>	
	<p><u>Perrine Posbic from NMHP:</u></p> <p>If there is a particular topic that you would like to give a presentation on, please coordinate with us individually.</p>
<p>Next meeting:</p>	