

# Minutes of Meeting – Monthly MHPSS TF Meeting

<b>Date</b>	August 6 <sup>th</sup> , 2024	<b>Venue</b>	Online via Zoom application
<b>Time</b>	2:00 PM – 3:10 PM	<b>Minutes prepared by</b>	Samyah Awada (MOPH-National Mental Health Program)

<b>Organizations attending</b>	CDLL, Embrace, Humanity & Inclusion (HI), IDRAAC, Imam Sadr Foundation, IMC, International Rescue Committee, INTERSOS, IOCC, Lebanese Center for Civic Education LCCE, Lebanese Center for Human Rights, LUPD, Medecins du Monde, Mousawat, Near East Foundation (NEF), NISCVT, NMHP, Order of Malta, Relief International, Restart Center, SIDC, Skoun, UNFPA, UNHCR, UNICEF, UNRWA, War Child, WHO, YMCA
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## Agenda

1. Updates from the National Mental Health Programme on the emergency response plan
2. Need of an update from each partner on the contingency plan from your side if there is an escalation in the situation
3. Other updates related to the NMHP
4. Presentation by NMHP on MH diploma launched with the support of AFD, WHO through USJ
5. AoB

Discussion	Action / Decision / Suggestion
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1. Updates from the National Mental Health Programme on the emergency response plan \*Please refer to the presentation for full details

### Emergency Response Plan – activities done between October 2023 and July 2024

- We trained around 1,156 frontliners on PFA
- We've been working on social media content dissemination
- We've done (with WHO and PHEOC) trainings for hospitals on how to respond in terms of MHPSS in case there has been any mass casualties
- 160 physicians have been trained and 1,725 nursing and other staff have been trained this way

### NMHP latest action points regarding the activation of the Emergency Response Preparedness Plan

- 4Ws offline version is needed in case of internet cut
- Communication materials related to the emergency on social media
- Psychotropic medication provided through the PHCCs
- SbS contingency plan activation
- National lifeline contingency plan activated

### Dr. Rabih El Chammay from NMHP:

- Please make sure that you are using the National List of Medication to make sure that in case you are out of stock, we can provide you from the already existing medication.
- Reminder to use 1564. The national lifeline operated by Embrace for both emotional support and suicide prevention.

**2. Need of an update from each partner on the contingency plan from your side if there is an escalation in the situation**

- We will be posting on social media alternative numbers for people to call in case of Ojero downtime (Embrace)
- If service users are unable to access their PHCC, they can receive their medication from another PHCC (NMHP)
- We are ensuring the supply of psychotropic medications at our available clinics (IMC)
- If the online modalities are not feasible, we are providing the partners with the materials and the activities that they can use offline (War Child)
- For individual sessions, including psychotherapy and psychiatric/neurological consultations, we'll scale down on face-to-face sessions and we'll expand and strengthen the remote modality (Restart Center)
- We can provide an online consultation to help us to evaluate the need and provide appropriate care (IOCC)

➡ NMHP Resources:  
<https://resources.nmhp-lb.com/>

➡ NMHP Self-Care Series:  
[https://www.youtube.com/watch?v=Tg1cVjRCSCY&list=PL6vDRyjGOU-MhcjPcv0j\\_3\\_kIvXAWtjUV](https://www.youtube.com/watch?v=Tg1cVjRCSCY&list=PL6vDRyjGOU-MhcjPcv0j_3_kIvXAWtjUV)

Perrine Posbic from NMHP:

- If there are updates related to the services, directly update the 4Ws. In terms of services, which centers, the capacity, etc.

**3. Other updates related to the NMHP \*Please refer to the presentation for full details**

**Domain 1- Leadership and Governance**

- The strategy was completed, we are in the phase of revising the English final version and designing the Arabic one

**Domain 2: Re-orientation and Scaling up of Mental Health Services**

- The technical issues with the SbS application will be resolved soon
- We are making improvements in several hospitals in line with Quality Rights

**Domain 3: Prevention and Promotion**

- There are draft communication strategies that are being developed
- A new online strategy for the programme (related to social media) is being developed

Perrine Posbic from NMHP:

- We will hopefully be activating soon the two committees that you have selected, one is related to the schemes for mental health professionals that are being provided and the other one is related to integration of substance use within international programs and mental health.

**4. Presentation by NMHP on MH diploma launched with the support of AFD, WHO through USJ \*Please refer to the presentation for full details**

**I. Overview of the UD**

- The diploma provides a solid and up-to-date understanding of main concepts in development and organization of mental health services

**II. Summary of UD 2021-2022**

- 27 students successfully graduated

- Work experience of students: iNGOs, hospitals and psychiatry wards, NGOs, MoPH, UN agencies

**III. Launching the second cohort of the UD**

The diploma will give you the tools and skills in:

1. How to **organize mental health services** in line with WHO guidelines
2. Understanding **mental health law, human rights**, and the rights of people with mental disorders and psychosocial disabilities
3. Understanding **de-institutionalization** and countries’ experiences and applications
4. Exploring the process and challenges of setting and implementing **national substance use response policies**
5. Understanding the need for and rationale behind **rehabilitation and recovery**
6. Learning how mental health and psychosocial support services are provided in **complex emergencies**

Please refer to the presentation for information about the selection criteria, application procedure, and the fees.

**5. AoB**

**Next meeting:**